

Opioid Know the Signs Phone Bank
April 6, 2017
Suggested Script & Referral & Other Resources/Information

**NOTE: ADAMHS Board of Cuyahoga County 24-hour Suicide Prevention/Mental Health & Addiction Crisis/Information & Referral Line:
216-623-6888**

Crisis Text “4HOPE” to 741 741

Hello, my name is _____. Thank you for calling us today to find out more information about the opioid epidemic. May I ask your name?

1. Are you calling for yourself or someone else?

- a. Provide positive feedback and support for reaching out. Gather basic information including substance used, amount/frequency, how long the caller has been using, and whether they are currently (or have been previously) involved in inpatient/outpatient treatment.
- b. Ascertain whether there is also concern about co-occurring mental health issues.
- c. Specifically ask about suicidal ideations.

Note: If you feel the caller is suicidal or in crisis, please hold-up the “**CRISIS**” sign that will be near the phone and someone will be there to take over the call.

2. Do you have health insurance?

- a. If not, reassure caller that resources are still available to help.
- b. Suggest that they look on the back of their insurance card for a number to call for behavioral health services.
- c. Whether a person has insurance or not, you can refer to the Resource List – and let them know that most of the provider agencies in the Alcohol, Drug Addiction and Mental Health Services (ADAMHS) Board network accept private insurance, Medicaid and self-pay on a sliding fee scale.
- d. If a person can't pay, you can let them know that there are other resources available once they are seen by a provider – and that the most important thing is to get help.
- e. Also, if they do not have insurance - let them know that they can visit www.benefits.ohio.gov for information on Medicaid.

3. **Refer to Resource List**, depending on what the person is looking for:
 - a. Inpatient Detox
 - b. Residential
 - c. Outpatient
 - d. Recovery/Sober Housing

NOTE: You can also provide them the address for the “Know the Signs” webpage.
(Address to come...)

4. **Provide information regarding family education/support:**

- a. **Free Addiction Education series at Rosary Hall:**

ROSARY HALL FREE EDUCATION SESSION ON ADDICTION

Does a loved one use heroin, pain pills, marijuana, alcohol or other drugs? If so, there is help and there is hope. If you are concerned, plan to attend the FREE educational sessions held the second and fourth Saturday of every month. Addiction is a brain disease that can be treated.

The educational sessions, held from 9 a.m. to 3 p.m. in Rosary Hall, located on the second floor of the West Administration Building on the St. Vincent Charity campus, will help families better understand the disease of addiction.

Registration is required. Complimentary parking is available. Lunch is NOT included, but is available in the hospital cafeteria.

Please call Joyce Pleasant at 216-363-2609 or 216-363-2580 ext. 4 to register. You can also email: joyce.pleasant@stvincentcharity.com.

- b. **AA/NA/Al-Anon:**

- i. Narcotics Anonymous Ohio website: www.naohio.org.
 - ii. Alcoholics Anonymous Cleveland District Office: 216-241-7387; www.aacleve.org
 - iii. Greater Cleveland Al-Anon / Alateen of Ohio: www.clevelandal-anon.org 216-621-1381

- c. **NAMI:**

- i. NAMI Greater Cleveland: <https://namigreatercleveland.org>; (216) 875-0266
 - ii. NAMI Ohio: www.namiohio.org; 1-800-686-2646

Heroin Epidemic:

Cuyahoga County is truly experiencing the devastating effects of prescription drug addiction that has led to a resurgence of heroin addiction.

Heroin deaths continue to rise and with fentanyl now in our community with a vengeance, deaths by overdose are staggering. Deaths by heroin overdose have increased from 161 in 2012, to 199 in 2013, to 275 in 2015. In 2016, more than 500 individuals have died from opiate, heroin and fentanyl overdose. We have advanced from an epidemic to a tsunami.

Heroin use is increasing because:

- Demand among younger users,
- Pill progression from prescription opiates,
- And pressure from dealers to switch from crack and prescription drugs to more-profitable heroin.

What is heroin?

Heroin is an opiate that produces a “downer” effect that quickly induces a state of relaxation and euphoria. Like other opiates, it blocks the brain’s ability to perceive pain. Heroin is produced from morphine, a naturally occurring substance that comes from the seedpod of poppy plants. Heroin is also known as smack, horse, brown sugar, dope, H, junk, skag, skunk, white horse, China White and Mexican black tar.

What is fentanyl?

Fentanyl is a powerful synthetic opioid analgesic that is similar to morphine but is 50 to 100 times more potent. It is typically used to treat patients with severe pain or to manage pain after surgery. Street names for fentanyl or for fentanyl-laced heroin include Apache, China Girl, China White, Dance Fever, Friend, Goodfella, Jackpot, Murder 8, TNT and Tango and Cash.

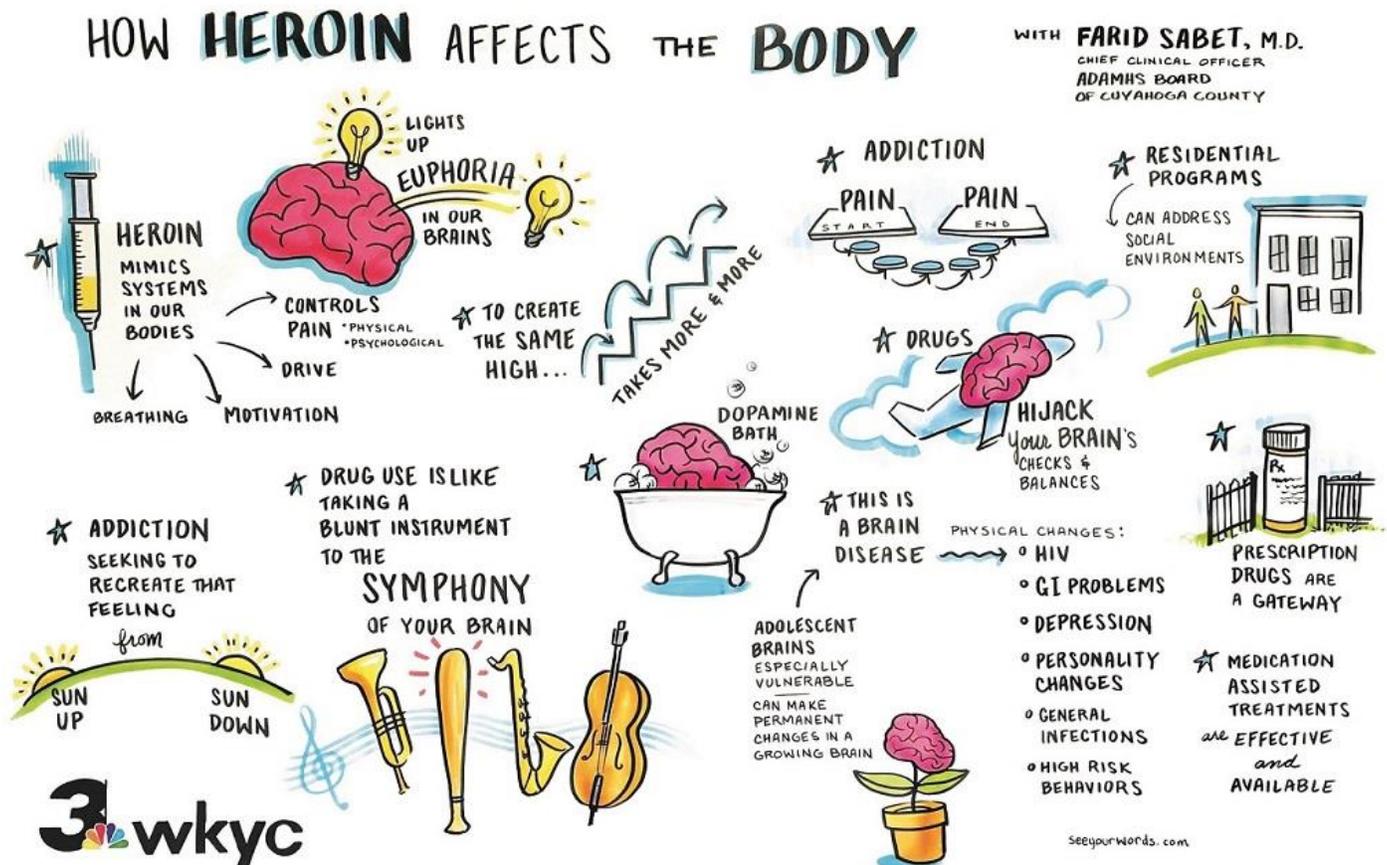
How would I know if someone is using heroin/fentanyl?

- Drowsiness. A once cheerful person can turn sad and may seem tired when under the influence of heroin/fentanyl/ opioids. Other signs may include nausea, loss of appetite, headaches and dry mouth.
- Changes in friends. Users will begin to hang around with other users. Even best friends will be left behind for heroin/fentanyl/opioids.
- Drug evidence and paraphernalia. Heroin can be smoked, snorted or injected. Depending on the method, you may find traces of the drug or paraphernalia of

drug use. Heroin may be a powdery or crumbly substance, ranging from off-white to dark brown. Black tar heroin is nearly black and is sticky instead of powdery. You might find syringes, small glass or metal pipes, dirty spoons, lighters, scales, coffee grinders, small plastic bags and belts or rubber tubing. Fentanyl can be sold as a patch, a small piece of film that can be dissolved under the tongue and a pill meant to be lodged inside the cheek. In hospital settings, fentanyl can be injected. For the individual abusing the drug outside a hospital, this is highly dangerous, as the difference between a therapeutic dose and a deadly dose is very small. Fentanyl is being sold in a form that is a “look-alike” to oxycodone. If these items are found, there is usually little question about the purpose.

- Money problems. Drugs costs money. People addicted will ask friends and family for loans, or may turn to stealing money or items to sell.
- Missing possessions. You may notice that a person’s possessions are missing, such as TVs, stereos, DVD players, computers, etc. They are missing because selling personal items is a common way to raise money for addictions.
- Track marks. People who shoot heroin into their blood stream will begin to have needle marks on various parts of their body. These “tracks” will become harder and harder to hide.

How Heroin Affects the Body



(photo credit: WKYC News Channel 3)

Farid Sabet, M.D., Chief Clinical Officer of the ADAMHS Board of Cuyahoga County, spoke to **WKYC Channel 3 News** about the how heroin affects the body.

It's a brain disease, Dr. Sabet said, **that can lead to physical changes like depression, personality changes, G.I. problems, and general infections.** When the drug is ingested into the body, it lights up a feeling of euphoria in our brain, and works to mimic many of the body's systems. After a user's first time getting high, it takes a higher and higher dose to recreate the feeling.

Who is Using Heroin?

The image of a heroin addict lying in a filthy, dark alley is obsolete. Today, the addict could be 12-17 years old, play video games, appear smart, trendy and show none of the common traces of heroin use, such as needle marks on his or her arm. The addict could also be a middle-aged man with a job and family who can function next to normal and keep his use hidden, or even a young woman between the ages of 18 and 25.

These images have changed because heroin is available in various forms that are easier to consume, more affordable and easier to obtain. A person who might think twice about putting a needle in his or her arm may more readily smoke or sniff the same drug. But this is falsely reassuring and may give one the idea that there is less risk. ***The truth is that heroin in all its forms is dangerous and addictive.***

What else should I know?

Addiction to heroin and fentanyl often begins with dependence on prescription painkillers. If you or a loved one are prescribed a prescription painkiller, the first thing to do is keep it away from other members of your household or visitors. If you did not use the entire prescription, dispose of the medicine properly by using the Cuyahoga County Prescription Drug Drop-off Program. Visit www.rxdrugdropbox.org to find a location near you.

Although it may be difficult, **you may have to call the police** if you know that a loved one has been stealing from you, or have evidence that he or she is using heroin and/or fentanyl. Once the police are involved your loved one will be entered into the criminal justice system and depending on the judge, may be able to participate in Cuyahoga County Drug Court. Over 300 individuals have entered the program with the goal to break the cycle of recidivism by addressing an offender's drug dependency.

Learn about Project DAWN (Deaths Avoided with Naloxone). Naloxone is an opiate blocker (antagonist) that can reverse the effects of an opiate overdose. Overdose deaths are especially common after an individual has had a period of sobriety, such as immediately after detoxification, upon leaving residential treatment, or when leaving jail or prison. Naloxone is easily given to an unconscious person as a nasal spray. It will not harm someone who is not experiencing an overdose. It has no effect on those who overdose on cocaine, methamphetamines, or alcohol.

Free Naloxone Kits are available to a person addicted to heroin and/or friends and family on a walk-in basis at the following locations:

- **Cuyahoga County Board of Health, 5550 Venture Dr., Parma, OH 44130**
Fridays, 9:00 a.m. to 12:00 p.m.
- **The Free Medical Clinic of Greater Cleveland, 12201 Euclid Ave., Cleveland, OH 44106; Tuesdays, 12:00 p.m. to 4:00 p.m. and Fridays, 1:00 p.m. to 5:00 p.m.**
- **Thomas F. McCafferty Health Center, 4242 Lorain Ave., Cleveland, OH 44113**
Thursdays, 4:00 p.m. to 8:00 p.m.
- **City of Cleveland-EMS Headquarters, 1701 Lakeside Ave., Cleveland OH 44114**
Monday through Friday, 9:00 a.m. to 4:00 p.m.

Ohio law contains a “Good Samaritan” clause that blankets prosecution of someone who gives naloxone to an overdosing person and then calls 9-1-1, even if the caller was using drugs, to eliminate the fear of calling for help. All first responders including police, firefighters and paramedics can also carry naloxone. Call 216-778-2100 for more information about Project DAWN.

Every person with opiate addiction and their families and friends should know about the potentially life-saving Project DAWN.

Help for People with Heroin Addiction & More Information:

If you are looking for a treatment provider for heroin and/or other addictions in Cuyahoga County, or are looking for more information, please **call the ADAMHS Board of Cuyahoga County 24-hour Information & Referral Line at 216-623-6888, contact one of the following providers directly.**

- **Below is a listing of ADAMHS Board of Cuyahoga County Network Agencies that provide heroin detoxification and treatment services.**



St. Vincent Charity Rosary Hall (216) 363-2580

At Rosary Hall, patients and their families find the road to freedom in a recovery process that's compassionate, comprehensive, and one of the best in the country. Rosary Hall provides a full spectrum of the most current treatment options, including:

Intake services - Provides information, intake and referrals for all Rosary Hall services and programs.

Medical evaluations and ongoing assessments - Individuals are evaluated during a face-to-face session to determine the nature and extent of their misuse and/or addiction to alcohol and other drugs.

Medical stabilization and acute care detoxification in a hospital setting - Our 21-bed inpatient detoxification and assessment unit is located at St. Vincent Charity Medical Center. The average length of stay is three - five days, with services provided by a multi-disciplinary team of physicians, nurses, counselors, nutritionists, pastoral counselors, social workers, case managers and recovery coaches to help guide patients through their hospital stay.

Intensive outpatient - Intensive outpatient programs can be attended during the day or evening and provide primary rehabilitation services to patients who do not require hospitalization. The program typically includes four group sessions per week for five weeks.

Individual counseling - One-on-one meetings with a counselor or social worker to assist in achieving treatment objectives.

Aftercare - Patients who have completed a primary rehabilitation program typically continue treatment in early recovery in the aftercare program. This is a one-hour-per-week group therapy program lasting a minimum of 12 weeks.

Family program - Education, support and counseling of families is integral to Rosary Hall's rehabilitation programs. During primary rehabilitation, the family is encouraged to attend sessions that include education, multi-family group therapy sessions, individual family member counseling and orientation to 12-step recovery for families.

Case-managed transition into community and support networks - We assist patients in moving from treatment at Rosary Hall to self-help recovery programs, such as Alcoholics Anonymous or Narcotics Anonymous. Case management is also provided to transition individuals to the next level of care and to other support services.

Medication-assisted treatment - Rosary Hall is one of only a few substance abuse treatment facilities in Ohio to offer buprenorphine therapy (trade name Suboxone) for treating opiate addictions. Outcomes in treating opiate addictions have never been better. To assist certain patients in maintaining abstinence from alcohol, we also prescribe Campral.

Located in the heart of downtown Cleveland, Rosary Hall offers convenient access to care for those living and working in the city, as well as its surrounding suburbs.

Salvation Army Harbor Light

Detoxification Services - (216) 781-2121

IOPT Services - (216) 619-4678



The Salvation Army Harbor Light Complex in Cleveland, Ohio has been in existence for over 50 years and has been a beacon of hope

and help, providing services to the most disenfranchised members of society including homeless men, women and children, the alcoholic, the drug addict, and the felon.

Detoxification Services: The Harbor Light Complex administers a medically approved alcohol and other drug (AOD) withdrawal program designed and supervised by Dr. Ted Parren. A board approved physician makes daily visits to the detoxification program and licensed nurses attend to the daily needs of clients experiencing AOD withdrawal.

Intensive Outpatient Program: The Salvation Army Harbor Light Complex Intensive Outpatient Program promotes abstinence. The program provides evidence based relapse prevention strategies for adults who are physically and psychologically dependent on alcohol and/or other drugs. The IOP program conducts therapy in CBT, REBT, strength based perspective and contingency management incentive model.

Recovery Resources (216) 431-4131, ext. 1107



Recovery Resources helps people triumph over mental illness, alcoholism, drug and other addictions. Mental illness and addiction are diseases - they can be treated, and people do recover. These illnesses do not discriminate; they affect anyone - rich or poor, male or female, young or old. We are committed to uncovering recovery by dissolving stigma, an enormous barrier that prevents people from obtaining treatment and living full and productive lives.

Recovery resources is one of the largest behavioral health non-profits in Northeast Ohio. We specialize in treating people with co-occurring disorders of mental illness and substance abuse. Both tear at the fabric of stability for individuals, families and the community. With the help of Recovery Resources' robust continuum of clinical and support services, clients regain stability by attaining employment, maintaining a home, positively connecting with family and friends, and more fully participating as engaged citizens of our community.

Recovery Resources is certified by both the Ohio Department of Mental Health and the Ohio Department of Alcohol and Drug Addiction Services, and is nationally accredited by the Commission on the Accreditation of Rehabilitation Facilities.

Hitchcock Center for Women, Inc. (216) 421-0662



Welcome to the Hitchcock Center for Women, the place where healing begins. Our mission at Hitchcock is to "wholistically" empower women to achieve and maintain productive, chemically free lives at home, work and in the community. Why do we say "wholistically"? The "W" means something to the women who come to Hitchcock. They're often battered, fractured, and frightened, but also looking to change their lives. They may have children. They may be broken, but they are always hopeful. Hitchcock is the only place in the region where these women can receive help and keep their children with them.

Residential Treatment: Hitchcock Center for Women is the only residential treatment provider in Cuyahoga County that specifically focuses on women, and allows women to bring multiple children (up to age 12) to treatment with them. Hitchcock's wholistic treatment model is gender specific and based on evidence from years of national

research. Women living in residential treatment at Hitchcock are required to participate in 30 hours per week of services offered by Hitchcock, including counseling and wrap-around services.

Intensive Outpatient Treatment: (also known as IOP for "Intensive Outpatient Program") is a primary treatment program recommended in some circumstances by a clinical assessment. IOP can also enable people in recovery to continue their recovery therapies following a residential treatment program while living in their own homes. Clients participating in IOP are required to participate in ten hours of treatment and ten hours of case management per week.

Intensive Outpatient Treatment with Housing Support: Clients that need housing support with the same level of treatment as IOP can access Hitchcock's IOP with Housing Support option. Clients have the same requirements as those participating in traditional IOP services, but also live at Hitchcock, and can live with children up to age ten.

Non-intensive Outpatient Services: Women that are seeking supportive services for their life in recovery will find our Non-Intensive Outpatient Services to be a valuable tool in their recovery. Services include counseling and case management tailored to meet the needs of each client's recovery lifestyle and can be provided as both primary and continuing care. Services are provided at a maximum of eight hours per week.

Halfway House: Halfway House services at Hitchcock work with women to give them support in the development of the recovery and coping skills needed to complete their reintegration into the community, family and workplace. Women participating in our Halfway House services are required to participate in ten hours per week of counseling and supportive services.

New Directions (216) 591-0324



Where To Turn

When drugs and alcohol lead adolescents down a dangerous path, New Directions can help guide them on a new course toward recovery.

An independent non-profit, New Directions is the only residential and outpatient treatment program of its kind in Northeast Ohio, providing residential treatment for over 40,000 adolescents and their families since 1981.

If you know a young person who needs help, please contact New Directions for professional intervention. Our multidisciplinary clinical treatment team of therapists,

case managers, psychiatrists, and teachers are here to provide compassionate treatment for chemically dependent adolescents and their families.

We accept all referrals.

Fees vary according to services provided. New Directions' services qualify for many third party insurance plans. Financial assistance is available.

Assessment

At New Directions, the right track begins with an assessment to evaluate each adolescent's chemical use, mental health, and family situation. Upon completion of the assessment, recommendations are provided.

Gender Specific Residential Treatment

Chemically dependent adolescents receive intensive 24-hour treatment from a dedicated staff, which includes Certified Counselors, Medical Director, Psychiatrist, Nursing Director, and Registered Dietician. The therapeutic day includes the John F. Stafford Educational Program staffed with full-time teachers, and teaching assistants from Orange City Schools. The program also includes group therapy, individual therapy, art therapy, family therapy, trauma counseling, life skills training, physical recreation, and 12 step recovery meetings. Length of stay varies, based upon each adolescent's needs.

Dual Diagnosis Residential Treatment

Male adolescents with a dual diagnosis receive intensive 24-hour treatment. This treatment program will include individual, group, and art therapy, medication management, and relapse prevention. Length of stay varies, based upon each adolescent's needs.

Parent Education Program_

Parents/guardians attend six (6) sessions of parent education when their child is involved in treatment at New Directions. The group convenes on Saturdays from 9:30 – 11:30 am. Chemical dependency, feelings, communication, parenting, and parenting issues are some of the topics covered during the sessions.

Intensive Outpatient Treatment_

For adolescents who do not need 24-hour supervision, or who have completed residential treatment, New Directions provides appropriate levels of intensive outpatient treatment.

Treatment consists of after-school sessions, three times a week, three hours per session, and includes family therapy. Length of stay varies, based upon each adolescent's needs.

Continuing Care

When adolescents no longer require intensive residential or outpatient treatment, New

Directions provides an individualized program of continuing care, and support to adolescents and their families.

Family and Individual Therapy

When necessary, New Directions will provide additional counseling services for both adolescents and their families.

Tracing Our Steps

New Directions began in 1980 as a “Demonstration Program” commissioned by the Ohio Department of Health. The Department had determined that drug and alcohol treatment for youth was Ohio’s most significant health priority. The state wanted this program to demonstrate a model for the successful treatment of chemically dependent adolescents after they returned from out-of-state hospital care.

Today, The W. Hayden Thompson Center at New Directions is located on three wooded acres on Cleveland’s east side. It provides pleasant living space for both male and female residential, and accommodates our outpatient treatments services as well.

New Directions’ clinical staff applies a holistic approach to recovery, addressing the emotional, psychological, physical, and spiritual needs of each person.

New Directions does not discriminate based on race, religion, gender, sexual orientation, physical limitations, or national origin.

Stella Maris (216) 781-0550



Stella Maris

Stella Maris was founded May 10, 1948 and opened its doors six months later on November 16, 1948.

Father Otis Winchester, a young priest and assistant pastor at the neighboring St. Malachi Church in Cleveland, Ohio, along with seven members of a relatively new organization, Alcoholic Anonymous (AA), recognized the need in Cleveland for housing, health care, and a strong network of support to help those dealing with alcoholism take their first step on the road to recovery.

This dedicated group founded Stella Maris to help the “poorest of the poor.” It was the first independent rehabilitation center and halfway house services in Cuyahoga County to provide detoxification services to the alcohol and drug addicted.

The agency was named Stella Maris, the Latin for “*Star of the Sea*,” in honor of the Mother of God. Stella Maris became a refuge for men dubbed by newspaper headlines

as “derelict and debauched” and “skid row bums.” Homeless, down-and-out men were assured three meals a day, a prescribed course of treatment, and the camaraderie of other alcoholics seeking sobriety.

Mission Statement

Stella Maris’ mission is to provide quality chemical dependency treatment and mental health services to our community regardless of race, sex, religion or ability to pay. Stella Maris will strive to make services available to all those seeking treatment based on presenting need and available treatment capacity. Stella Maris recognizes that alone we cannot meet the total needs of our community and will work with other community resources to improve the availability of appropriate services for the treatment of alcoholism and other addictions.

Subacute Detoxification for Men and Women

Persons Served: Adult, chemically dependent men and women.

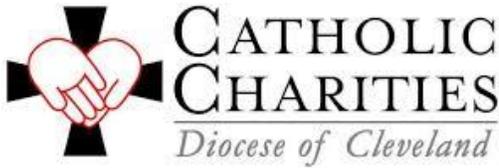
Description: The Subacute Detoxification Unit consists of 16 beds for both men and women and is accredited by the Ohio Department of Mental Health and Addiction Services (ODMHAS) and the Joint Commission on the Accreditation of Healthcare Organizations (JCAHO). The unit is staffed 24-hours a day by licensed nurses and all care is supervised by our team of physicians. Certified chemical dependency counselors provide education and counseling throughout the patient’s treatment and facilitate linkage with ongoing care upon discharge. AA and NA volunteers interact with clients introducing them to 12 step recovery principles and the recovering community.

Intensive Outpatient Programs for Men and Women

Persons Served: Adult, chemically dependent men and women.

Description: Outpatient Services range from 1 to 10 hours per week. Clients may attend activities one to five days per week, including individual/group counseling, lectures, and case management. The intensity and frequency of the outpatient services is based upon each client’s needs and progress. AA and NA groups are held at Stella Maris each day to supplement the treatment services.

Catholic Charities [Matt Talbot Inn](#) (216) 781-0288 and [Matt Talbot for Women](#) (216) 634-7500



Matt Talbot Inn: Provides residential alcohol and other drug addiction treatment for adult men who reside in Cuyahoga County who have received an alcohol and/or other drug assessment and meet the criteria of care as determined by the assessment. May have co-occurring mental health issues.

Matt Talbot for Women: Provides alcohol and other drug addiction treatment for adult women who reside in Cuyahoga County and who have received an assessment; alcohol and/or other drug dependent; may have co-occurring mental health issues. Has the capacity to accept women with young children.

ORCA House (216) 231-3772



ORCA House Inc. is a chemical dependency treatment center located in Cleveland Ohio that serves individuals who need treatment services for drug and

alcohol addiction. Through therapy and education, individuals begin or resume their recovery process. There are many reasons why a person would need to attend ORCA House Inc in Cleveland. A few of the reasons are: the inability to control their drinking or drug use, alienating their friends and family, legal problems, severe depression and general unhappiness due to excessive drug or alcohol use.

If you need any further assistance please call us for further information. Our not for profit organization has helped thousands of people find the treatment options that changed their lives.

Linkage to Sober Housing

- **Stella Maris at (216) 781-0550.**
 - **Cleveland Treatment Center at (216) 861-4246.**
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Description of Beds & Treatment:

- **Residential Treatment Beds:** Licensed 24-hour facility that provides room and board with constant clinical/medical/nursing care on sight as part of the treatment stay. Admission to the facility is determined by the clinical/medical need. A planned program of professionally directed evaluation, care and treatment is coordinated based on evidence-based practices for the recovery of an individual living with alcohol and/or other drug addictions. These are the beds that individuals may access immediately after detoxification services.
- **Sober/Recovery Beds:** Individuals often need more time in recovery so that they do not immediately enter back in to the setting that they were in when they were using. These beds offer people in recovery a sober environment to restart their lives from addiction.
 - **Recovery Housing** adheres to national standards and provides a safe and healthy living environment that promotes abstinence from alcohol and other drugs with participation in client focused treatment and enhances participation and retention in traditional clinical treatment. Residents benefit from peer support and accountability, and gain valuable relapse prevention, case management and employment skills training as they transition to living independently and productively in the community.
 - **Sober Housing** provides an alcohol and drug free living environment for individuals attempting to abstain from alcohol and drugs with no formal treatment services, but either mandate or strongly encourage attendance at 12-step self-help groups, require compliance with house rules, participating in house chores and attending house meetings, and an invitation for residents to stay in the house as long as they wish provided they comply with house rules.
- **Medication Assisted Treatment (MAT):** Treatment for addiction that includes the use of medication along with counseling and other support. Treatment that includes medication is often the best choice for opioid addiction. Medication allows an individual to regain a normal state of mind, free of drug-induced highs and lows. It can reduce problems of withdrawal and craving. These changes can give the person the chance to focus on the lifestyle changes that lead back to healthy living. Taking medication for opioid addiction is like taking medication to control heart disease or diabetes. It is NOT the same as substituting one addictive drug for another. Used properly, the medication does NOT create a new addiction. It helps people manage their addiction so that the benefits of recovery can be maintained.

Addiction Recovery Advocacy Group Community Support Groups

Families Anonymous Group 1938

Weekly; Sunday, 5:30 p.m. to 7:00 p.m.

Cross point Community Church, 1800 Columbia Road, Westlake 44145

www.familiesanonymous.org

Mission: Provide education and support to those who have loved ones with addiction issues

Jeff Wilkins, 440.305.3876, jwilkins1961@yahoo.com

Cover2 Resources

www.cover2.org

Mission: Educate and advocate for those families with loved ones struggling with opioid use disorder and significantly improve their opportunity at long-term recovery

Greg McNeil, 330.351.1328, greg@cover2.org

Cleveland Eastside Ex-Offender Coalition

Weekly; 1220 Fairhill Road, Cleveland 44120

www.clevelandeastside.info

Mission: Developing one for addiction recovery

Rev. Carol Jean Gates, 216.721.4267, clevelandeastside@roadrunner.com

Reining Hope

Bi-weekly/Bi-Monthly as requested

Mission: to provide facilitated psychotherapy to those who have lost loved ones to heroin, to those living with addiction and those in recovery

Karen Cahill, 216. 644.3800, kfcahill96@gmail.com

Cleveland Municipal Court Probation- Day Court

Weekly; 1200 Ontario St, Cleveland, OH 44113

www.clevelandmunicipalcourt.org

Mission: Help those who are in need of recovery who also broke the law

Wallace Green, green@cmcoh.org

Project 180

Twice a month (meeting and activity), Stella Maris, 1320 Washington Ave, Cleveland 44113

www.facebook.com/project180cleveland

Emily Porter

Young People in Recovery (National and Lakewood Chapter)

Monthly; Stella Maris Coffee Shop, 1320 Washington Ave, Cleveland 44113

www.youngpeopleinrecovery.org

Mission: YPR believes that education, employment and secure, quality housing provides a foundation for young people in recovery to maintain their recovery, thus there needs to be expansion supporting these services. Toni Jackson, 330.600.4882, toni.jackson@youngpeopleinrecovery.org